Online Courses

Sharpen your skills and increase your knowledge with our online learning courses, specially designed for dietitians to expand their knowledge base.

These courses are available for members, non-members and students, along with groups (discounts available). Once you've purchased a course, you will be provided with a login and password to the DC online learning platform and course materials. You will also be able to access your courses from the My Learning Library on your member dashboard.

→ Use this form to apply for a group discount

Note: Online Courses are not included in the All Access Pass.

Critical Care Nutrition

Michele McCall, MSc, RD

This course provides a balance of background information, current research and practical information. Dietitians and nurses in ICU settings will find this course useful.

Renal Nutrition 101

Canadian Association of Nephrology Dietitians

This course covers nutrition therapy for adults with chronic kidney disease, including kidney failure, dialysis and renal replacement therapy. It's designed for students and dietitians with limited renal experience.

Pediatric Nutrition 101

Karen Kristensen, RD

Become familiar with paediatric feeding and nutrition assessment and issues that apply to infants (breastfeeding and formula), children and youth.

Nutrigenomics: Genetic Testing for Personalized Nutrition

Dr. Ahmed El-Sohemy, PhD

Understand the science of nutritional genomics and how individual genetic differences impact our response to the foods we eat.

Counselling for Behaviour Change

Dr. Hollie Raynor, PhD, RD, LDN

Discover effective counselling strategies, tools and resources to support behaviour change in your clients.

TOP

Assessing Needs and Setting Priorities in Population and Public Health

Nancy Mucklow, Sue Ross, Zena Simces, Lynda Corby

The course focuses on the development of the knowledge and skills required for conducting a community nutrition needs assessment and prioritizing needs.

Évaluation des besoins et établissement des priorités en santé publique et des populations

Nancy Mucklow, Sue Ross, Zena Simces, Lynda Corby

Le cours est axé sur le développement des connaissances et compétences nécessaires à la réalisation d'une évaluation des besoins de la communauté en matière de nutrition et à la priorisation des besoins.

Preceptor Education - eLearning Course for Dietitians

Preceptor Course Advisory Group

Enhance your role as a preceptor to better guide, teach, mentor and give feedback to students.

Influence and Impact: A Toolkit for Dietitians

Dietitians of Canada

This toolkit is under review. Please contact advocacy@dietitians.ca for more information.

This course is designed to help practitioners learn how to use and interpret the WHO Growth Charts Adapted for Canada.

Glycemic Index Education: Translating Knowledge to Action

Dr. Shannan Grant, PDt, MSc, PhD and Dr. Thomas Wolever, PhD, DM, MD

Familiarize yourself with the glycemic index and how it can be used for the prevention and treatment of certain chronic conditions, like diabetes.

Professional Practice in Dysphagia Management

Dysphagia Education Course Advisory group

This course is the first of three interrelated courses on dysphagia. Familiarize yourself with provincial requirements related to dysphagia practice including controlled, reserved, or restricted acts.

Swallow Screen and Assessment

Dysphagia Education Course Advisory group

This is the second of three interrelated courses on dysphagia. It describes what is involved in conducting a swallow screen and clinical swallowing assessment in adults.

Nutrition Care Process for Dysphagia

Dysphagia Education Advisory Group

This is the third of three interrelated courses on dysphagia and covers the nutrition care process, including charting, terminology, care plans and working with the rest of the care team.

Nutrition Screening

Dr. Heather Keller, PhD, RD, FDC

Discover changes made to the guidelines, key strategies for nutritional management of diabetes with a focus on individualization.

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